

HENDERSON NORTH SCHOOL

Monday 30 August 2021

Kia ora koutou,

Welcome to another week in lockdown.
Thank you for keeping our school safe.
Keep your children busy and active, try to have fun and play. Try some of the old board games, building with blocks and lego, with time away from devices. Enjoy some creative outdoor activities - that we have included in this newsletter - send us pictures so we can add them to next week's newsletter.



Our teachers are keeping in contact with your children via the digital world and sometimes packs are being dropped off to you. Please remember that their teacher has a family and many other things to do, including preparing school work. We love the enthusiasm but messages can begin before daylight and end at bedtime! Your children should only be in contact with their teacher during normal school hours of 9.00am - 3.00pm.

Please take care, stay safe and be kind.

Kia kaha

Irene Ogden
Principal



40 KA PAI THINGS TO DO OUTSIDE!



Getting outside helps us feel ka rawe! Rain or shine, there's heaps of fun you can have right outside your backdoor.

- Build a hut
- Play hide and seek
- Play tag
- Kick a ball around
- Wash the car
- Find cloud shapes
- Lie on the grass
- Weave harakeke
- Dig a hole
- Play catch
- Jump in puddles
- Look at ngā whetū
- Kōrero with the plants
- Catch rain on your tongue
- Dig for worms
- Skip, run, jump, dance, repeat!
- Read a pukapuka under a tree
- Explore with a magnifying glass (or old specs)
- Fly paper planes
- Make a daisy chain
- Make a treasure hunt
- Have a teddy bear picnic
- Cartwheel and handstand
- Run around with paper strips
- Wash the windows
- Pick some flowers
- Play hide and seek
- Gather seeds and plant them!
- Make a nature mandala
- Make a leaf collection
- Make a mini most in the garden/gravel
- Make and float a leaf waka
- Make a leaf and rākau creature
- Make a bark rubbing
- Head out with torch at night!
- Play 'real' pick-up sticks
- Waiata with the birds
- Paint a kōhatu friend
- Look for spider webs
- Camouflage yourself in the garden

[Download 40 ka pai things to do outside worksheet \(PDF, 819K\) \(opens in new window\)](#)

Activities

- Play tag
- Kick a ball around
- Build a hut
- Play hide and seek
- Wash the car
- Weave harakeke
- Lie on the grass
- Find cloud shapes
- Dig a hole
- Play catch
- Jump in puddles
- Dig for worms
- Catch rain on your tongue
- Kōrero (talk) with the plants
- Look at ngā whetū (the stars)
- Skip, run, jump, dance, repeat!
- Read a pukapuka (book) under a tree
- Explore with a magnifying glass (or old specs)
- Fly paper planes
- Cartwheel and handstand
- Make a treasure hunt
- Have a teddy bear picnic
- Make a daisy chain
- Run around with paper strips
- Wash the windows
- Pick some flowers
- Gather seeds and plant them!
- Play hide and seek
- Make a leaf collection
- Make a nature mandala
- Make a mini moat in the garden/gravel
- Make a leaf and rākau (stick) creature
- Make and float a leaf waka
- Make a bark rubbing
- Head out with torch at night!

- Waiata (sing) with the birds
- Play 'real' pick-up sticks
- Look for spider webs
- Paint a kōhatu (rock) friend
- Camouflage yourself in the garden

Related



Nature

[activities for families at home](#)

Easy, practical activities for getting outdoors with your family and spending time in nature while at home.



Teach

[outside](#)

Take a moment for nature with our education resources this Conservation Week, 4–12 September 2021.